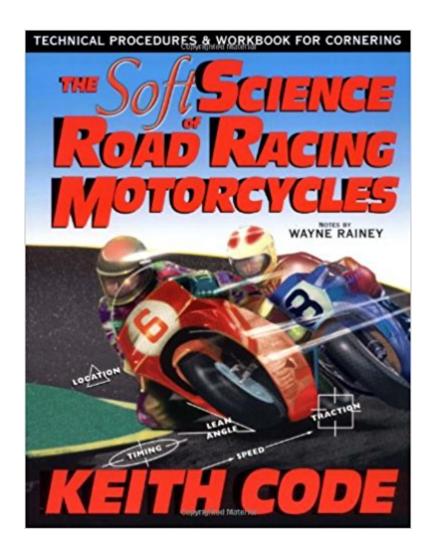


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# Soft Science Of Roadracing Motorcycles: The Technical Procedures And Workbook For Roadracing Motorcycles





## **Synopsis**

This exceptional workbook for road racer and sport rider details the process of high speed thought. Hundreds of questions aimed at solving the barriers of speed allow you to dissect your riding and pinpoint problem areas. This book elevates road racing into its proper place among the most demanding sports in the world. Here, the dynamic relationship between the rider and road is defined and ordered into a useable form. Filled with margin notes by World Champion Wayne Rainey. 6th ed.

#### **Book Information**

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#### **Customer Reviews**

This book might not be for every rider. But the data on the different kinds of plans that one can make in relation to riding I think is excellent. Also, when you see the comments by Wayne Rainey (a hero of mine for sure), then you know this information applies at the top level of riding. Also, the section on one's sense of speed--I've been doing some racing and around racetracks for years, and there isn't anyone else that even talks about this (not in a fashion I can understand that is). The checklists that Code provides at the end of the chapters can really help pinpoint a riding problem. That is valuable to me. Again, not for everyone, but a little reading of this book, and a little patience with one's own riding can equal big gains. Well worth it. --A Customerl just read an interview with 7 time world champ Valentino Rossi, and he talked about riding as a mental sport. Obviously Code had some things to say about that, and a long time ago. 20 years ago when I was endurance racing on a team of 3, my other teammates were both faster than I was. I didn't race as much as they did, so I had to figure out antoher way to pick up the skills. The short story is this book took me from

slowest to fastest of our little team, and I raced the least. Just a little reading, then put it to use. I've heard that some really top racers did this too, so I guess I'm not the only one! --Craig G "Craig"I have roadraced for about 5 years now and have used the checklists in this book MANY times to help answer questions that I didn't even know existed within myself. Having this book handy helps since I don't always have Keith there to ask me the proper questions. There are certainly things that should be thought out after a ride or practice session and this book HAS THE QUESTIONS to think with!!!!! I really recommend this book to anyone who wants to ride faster and/or better through those twisty corners. GREAT BOOK! --Stoney Landers

Keith Code Keith started riding in the dark ages of motorcycling, the 1950's. He first raced in the 60's at age 16, again in the 70's, 80's and 90's. He went to design school; was a photographer; designed and manufactured shoes for the stars; sold pretzels on the street; was a full on drug addict in the 60's; cleaned up with Dianetics; became a writer, inventor and dedicated himself to understanding and teaching the art of riding motorcycles. He was the first person to put words to roadracing and riding, and his research continues today. Keith lives in Glendale, California with his soul mate of 40 years, Judy. He has one son, Dylan.

Get this book, read and understand it BEFORE you crash! This guy already knows what every motorcycle squid has yet to learn. Read, practice, re-read, more practice, think about it, re-re-read, more re-practice, think, read - - - eventually it starts to make sense. This is something you have to actually DO to learn, but need to read and understand to learn how to do it. Which comes first: reading, thinking, doing or understanding? All of them, all at once! The DVD is very good too. Very. Highly. Recommended!

I've been riding motorcycles since 1969 and have owned this manual several times ( at least 34 times, LOL) since it's original printing, and ended up gifting it to friends who were getting into the hobby as novice riders for the first time in their lives. The "Soft Science of Roadracing Motorcycles" is, hands down, the best Rider's manual for learning to ride a motorcycle, and especially, learning to ride a motorcycle fast in the safest way possible. Out of the hundreds of people I've taught to ride, and the multiples of 10, family and friends, I've helped and gifted this manual to, this is the best, least expensive option to some of the expensive "learn to ride" schools out there. Hand in hand, this is the best tool, combined with an experienced rider, for novice riders learning to ride for the first time. Buy this book and get an experienced rider,, read this book together, then combine a short

parking-lot ride with cones and your experienced rider and slowly apply what you read to get practical experience yourself. As you gain confidence in the riding techniques taught, you begin to realize and have that "seat of the pants" feeling of the benefits of the author's riding techniques. There are other riding manuals out there, but this is the best and original out there!

MANY people out there think they can just hop on a motorcycle and ride it like a pro. They say "I have ridden dirt bikes for x years, that means I can ride a bike on the street perfectly" No you idiot, dirt bike skills do not transfer to street riding skills. Books like these help riders become more aware of their technique, body position, suspension movement, throttle control and much more. Your not going to drag knee after reading this book but you will better understand the physical movements and mental planning that needs to take place for you to become a next level rider. All the techniques and items that one goes through while riding are laid out simply for the laymen to read and understand. While this book is not usually recommended with Keith's other books (Twist of the Wrist I & II), I would recommend any of his books. They all compound knowledge on each other, while one book is good on its own, utilizing the knowledge contained in the group of books will greatly help in bettering you as a rider.

Great book. Highly recommend it to those looking to get into racing. Not as good as Twist of the Wrist, but pretty close. Can't beat the price either.

I read this book after reading A Twist of the Wrist II. This book deals mainly with the mental side of road racing. It's a good read and made me think through the track and what I do during trackdays. It's a lot to take in at once.

This book might not be for every rider, however I found it very useful. It makes me think through the track and what I do during trackdays.

Soft Science of Road Racing MotorcyclesAs others have noted, Keith Code's Soft Science book can be summarized in a few words (same as Twist of the Wrist 1 and Twist of the Wrist 2): Pay attention, develop your plan, and think it through. I have to put this out there: Keith's treatment of "paying attention" was annoying in Twist of the Wrist 1 and 2, as well as Soft Science. Once I see his use of credit cards, coins, or dollar bills, my eyes glaze over and I skip the section. I am sure it is well meaning, but riding is much more intuitive and requires feel versus calculating cents and dollars

so I didn't quite catch his analogy. Some of the concepts are common in other books like Speed Secrets 6. Keith's "sampling" is akin to Ross's idea of driving over the limit to consistently drive at the limit. However, Keith adds to this by discussing feelings. Rather than avoiding sand or rain, how would you handle sand and rain? This is actually something I practiced before I read either book. I have found ways to deal with driving in heavy rain (setting your wipers on HIGH and slowing down is not my idea of handling the rain) or snow although most people just avoid either condition or drive at a pace that is dangerously (to others) slow. I also found the obsession with racing lines or finding the right line in each corner to not help very much. It is far more reliant on feel and intuition than is described in the book. If you had to calculate braking points and lines, you'd eventually forget or some differing condition would throw this off. The book is also showing its age when it exhibited a "modern racing motorcycle" that would easily fit into a museum of racing - but granted we're not reading this book to learn about the latest technology from MotoGP or World Superbike. The bikes and cars might change, but the ideas remain the same. Overall: 4/5 stars, not as useful as Twist of the Wrist 2

Great reference for any motorcyclist's library.

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